business

air travel tips

Whether it's planning for a presentation or an important meeting, getting ready can seem like a project of its own. Keep your workload to a minimum, and make the most of your time:

your tech... Come prepared for the long-haul with apps, music and films to keep you distracted. It's surprising how

Optimise

much of your sanity you can preserve by playing on a £1 app!

No stranger to a commute? Remember those re-usable items that save you time and money. Bring a wash bag you can

Work hard,

Economical

travel

use and re-use again...

play hard Escape the stresses of work; staring at spreadsheets and writing proposals may burn up a few hours, but it doesn't make them vanish. Why not check out the local bars and restaurants instead?

Prepare, prepare,

prepare!

your flight times, check in online and always, always, charge your phone!

Where's my

passport?

We've all been there – that moment

your heart drops, as you hopelessly

hunt for your passport. It's at the bot-

Pack efficiently

For overnight travel be

geared up for comfort!

Ear plugs, travel pillows

good night all around.

and a cosy blanket - it's a

Nobody knows you better than you, so anticipate your own needs. Check

tom of your bag, right?



ESSENTIALS

travel

passport

important

insurance

Family fun It's always nice to see a friendly face, especially when travelling.

There's plenty of ways to connect

with family and friends via free

apps such as Skype and

Don't rely on

the internet

WhatsApp.



Early travel

This is another big one.

If you have a morning

All too often, people struggle

to make their 9am meeting.

Travel

in style

meeting, it's best to travel the night before.



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www.telegraph.co.uk/sponsored/business/sme-home/11045853/business-travel-tips.html

www.bmiregional.com/en/blog/top-tips-to-smooth-your-business-travel-journey

www.essentialtravelguide.com/business-travel/business-travel-articles/business-travel-tips